



पुण्य सलिला श्रीवास्तव, भा.प्र.से.  
सचिव

**PUNYA SALILA SRIVASTAVA, IAS**  
Secretary

भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण विभाग  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
Government of India  
Department of Health and Family Welfare  
Ministry of Health and Family Welfare  
DO no: 90/NCDC/CEOH&CCH/2020-21  
9.3.2026

*Dear Colleague,*

As you aware, many States/UTs in India face frequent, intense heatwaves, elevated temperatures, and urban heat island effects which may lead to heat stress, heat exhaustion, and heat stroke. Vulnerable groups like the elderly, pregnant women, children, those with underlying health conditions, and outdoor workers are more likely to face health impact of extreme heat. Ministry of Health and Family Welfare issues annual advisories to States, aligned with IMD forecasts, to prepare the health sector for heat-related illnesses. Given IMD's year 2026 seasonal outlook, States/UTs must proactively enhance delivery of early warning to health functionaries, undertake health sector preparedness, strengthen health workforce capacity, take up IEC activities, and maintain a sensitive surveillance system.

I would like to request that all heat-prone States/UTs ensure comprehensive preparedness of ambulance services and the operationalization of dedicated Heat Stroke Management Units at health facilities. This may include maintaining adequate stocks of Oral Rehydration Salts (ORS), essential medicines, intravenous fluids, ice packs, and appropriate cooling equipment to enable timely and effective management of heat-related illnesses. States/UTs may also undertake capacity building of healthcare personnel and community health workers for early identification, prompt management, and proper reporting of heat-related conditions.

In addition, fire safety audits and the adoption of heat-resilience measures, such as cool roofs and provision of adequate shading within healthcare facilities, may be prioritized to safeguard patients and healthcare workers during extreme heat events. Further, States/UTs are requested to strengthen surveillance mechanisms through mandatory daily reporting of heatstroke cases and deaths, including nil reporting, on the Integrated Health Information Platform (IHIP) Portal to ensure real-time monitoring and timely public health response.

#StopObesity

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

I am confident that through proactive planning and coordinated action, States/UTs will effectively mitigate the health impacts of extreme heat throughout the 2026 summer season. Your personal intervention in ensuring the implementation of these directives will be instrumental in safeguarding public health and preventing avoidable heat-related mortality.

I look forward to your continued leadership in strengthening our collective resilience against this public health challenge.

*With regards,*

Yours sincerely,

*Punya Salila*

**(Punya Salila Srivastava)**

**Enclosures:**

1. Heat Wave Advisory for State Health Departments for Summer 2026 (A)
2. Public Health Advisory: Extreme Heat/Heatwave (B)
3. Health Impact of Heat: Heat Related Illnesses (C)
4. Outlook for the Seasonal Temperatures during the Hot Weather Season (March to May) and Monthly Rainfall and Temperatures During March, 2026 (D)

To:  
Chief Secretary of States and UTs  
Advisor to Administrators of UTs